

AFT registered members who offer private practice as at March 2012

Avon

Ruth Yudkin

Locations of Practice BS8, BS1,

Contact Details 07751 084426, ruth@couplesandfamilies.org.uk, www.couplesandfamilies.org.uk

Languages offered English,

Areas of Practice Family therapy, Couple therapy, Relationship counselling for individuals

Bedfordshire

Chris Hannah

Locations of Practice Bromham, Bedford, MK43

Contact Details 01234 823096, 07973 913985,

Languages offered English,

Areas of Practice Mindfulness based stress reduction, managing pain, managing depression

Bedfordshire

Miriam Richardson

Locations of Practice Bedford, ,

Contact Details 01234 825512, 07949 857542, miriam.richardson@btinternet.com

Languages offered English,

Areas of Practice Individuals, Couples, Children and Families

Berkshire

Julia Aufflick

Locations of Practice Windsor/Maidenhead, Spellthorne Runnymede, Surrey, London Borough of Richmond

Contact Details 01753 859388, 07774 908887, jaufflick@btinternet.com

Languages offered English,

Areas of Practice Specialising in Attachment, CAMHS,

Berkshire

Lynne Willis

Locations of Practice Maidenhead, ,

Contact Details 07946 273270, lynne.willis@sky.com,

Languages offered English,

Areas of Practice Family relationships, Couples, Emotional difficulties for children and adolescents

Berkshire

Shelagh Wright

Locations of Practice Maidenhead, SL6,

Contact Details 01628 509041, info@drshelagh.com, www.drshelagh.com

Languages offered English,

Areas of Practice Eating Disorders, Couples, Individuals

AFT registered members who offer private practice as at March 2012

Bristol

Michael Graney

Locations of Practice Bristol, ,

Contact Details 0117 3670015, consult1mg@fsmail.net, <http://www.mgcounselling.com/>

Languages offered English,

Areas of Practice Families, Couples, Individuals

Cambridgeshire & Rutland

Cessie Johannsson

Locations of Practice Cambridge, Oakham,

Contact Details 01572 737163, www.cessie.co.uk,

Languages offered English,

Areas of Practice Couples, Work with separation issues, Early attachment issues for mothers and babies

Cheshire

Susan Benbow

Locations of Practice Macclesfield, Cheshire, South Manchester

Contact Details drsmbenbow@aol.com, www.oldermindmatters.com, 07789485435

Languages offered English,

Areas of Practice Working with adults, Issues of middle & later life, Living with chronic physical/mental illness

Cheshire

Jeannette Thompson

Locations of Practice SK6, SK13, SK20

Contact Details 01663 750842, jm.jmthompson@gmail.com

Languages offered English,

Areas of Practice Family, Couples, Individuals

Cornwall

Liz Burns

Locations of Practice Penzance, TR19,

Contact Details 01736 788835, 07836 216318, liz@burns.myzen.co.uk

Languages offered English,

Areas of Practice individuals, couples, families

Cornwall

Michael King

Locations of Practice West Cornwall, TR13,

Contact Details 01326 569773, mikejking7@yahoo.co.uk,

Languages offered English,

Areas of Practice Adult mental health / emotional problems, Relationship problems, Work problems

AFT registered members who offer private practice as at March 2012

Cornwall

Nicola Lansley

Locations of Practice Cornwall TR1, Cornwall TR14,

Contact Details 07976 813490, nlansley@msn.com,

Languages offered English,

Areas of Practice Wide area of practice, ,

Durham

Alice Kwok Lai Cheung Boddy

Locations of Practice Newcastle, Gateshead, Durham

Contact Details 0191 526 1156, Kwoklai2@hotmail.com,

Languages offered English, Cantonese,

Areas of Practice Relationship difficulties, Adult and Child Mental Health related issues,

East Sussex

Chiara Santin

Locations of Practice Brighton, Lewes, Eastbourne

Contact Details c.santin@btinternet.com, ,

Languages offered English, Italian,

Areas of Practice Family Relationships, Parenting Issues, Infertility

East Sussex

Tanya Smart

Locations of Practice Lewes, BN7,

Contact Details 07790 979 571, tanyasmart@lewesfamilytherapy.co.uk, www.lewesfamilytherapy.co.uk

Languages offered English,

Areas of Practice Children and young people, Mental health including eating disorders,

Essex

Matthew Ganda

Locations of Practice Mid Essex, North East Essex, West Essex, East London

Contact Details 01206 287620, 07961 217762, Matthewganda79@gmail.com

Languages offered English, Shona,

Areas of Practice Parental/adult mental illness, Couples, Expert witness in child care proceedings

Essex

Julie Moro

Locations of Practice London EC1M, Billericay, Essex,

Contact Details 07828 590513, ja.moro@tiscali.co.uk,

Languages offered English,

Areas of Practice Families, Couples, Individuals

AFT registered members who offer private practice as at March 2012

Essex

Rory Worthington

Locations of Practice Buckhurst Hill, IG9,

Contact Details 07970 971962, roryworthington@waitrose.com,

Languages offered English,

Areas of Practice Couples, Families, Children

Hampshire

Carol Poole

Locations of Practice SP5, Southampton SO17,

Contact Details 07759 406166, carolpoole@hotmail.co.uk,

Languages offered English,

Areas of Practice Family, Individual, Couple

Kent

Penny Mendelssohn

Locations of Practice Tunbridge, TN8,

Contact Details 01732 862865, penny.mendelssohn@homecall.co.uk, www.counselling-directory.org.uk

Languages offered English,

Areas of Practice Couples Therapy, Stepfamily Relationships, Divorce/Separation

Lancashire

Clare Hawks

Locations of Practice PR3, ,

Contact Details 01772 785080, cjbhawks@yahoo.co.uk,

Languages offered English, ,

Areas of Practice Relationship difficulties, Adjustment to life events, Supervision

Lancashire

Hermione Roff

Locations of Practice Lancaster, LA1,

Contact Details 07969 978291, hermione@roff.org.uk, www.hermioneroff.com

Languages offered English,

Areas of Practice Family, Children and Adolescents, Parenting, Supervision

Lancashire

Erica Widdowson

Locations of Practice Bolton, BL3, ,

Contact Details erica.widdowson@nhs.net, ,

Languages offered English, Dutch,

Areas of Practice Eating disorders, ,

AFT registered members who offer private practice as at March 2012

London

Vicky Bianco

Locations of Practice London N1, London WC1/2, London NW1

Contact Details 07811 385257, ,

Languages offered English,

Areas of Practice Couples, Individuals, families with small children

London

Amynta Cardwell

Locations of Practice London, SE15,

Contact Details a.cardwell@nhs.net, 07939 311540, 07976 751888

Languages offered English,

Areas of Practice Mild to moderate emotional and mental health, addiction, parenting

London

Kate Creedy

Locations of Practice Hackney, Stamford Hill, Stoke Newington

Contact Details 020 8985 6948, katecreedy@gmail.com,

Languages offered English,

Areas of Practice Family Therapy with Children, Family Therapy with Couples, Family Therapy with Individuals

London

Carla Di Falco

Locations of Practice London N1, London W1,

Contact Details cdifalco@cityandangel-psychotherapy.co.uk, 07754 124616, www.cityandangel-psychotherapy.co.uk

Languages offered English, Italian, French

Areas of Practice Individuals, Couples and Families, Adolescents,

London

Carlota Eslava

Locations of Practice London, NW6,

Contact Details 0207 625 4042, carlotaexlava@btinternet.com,

Languages offered English, Spanish,

Areas of Practice Couples, Eating disorders, Post Traumatic Stress Disorder

London

Gabriela Francis

Locations of Practice London, W1,

Contact Details 07946516343, GabrielaFrancis@TenHarleyStreet.co.uk,

Languages offered English,

Areas of Practice Relationship Difficulties, Couple Work, Stress - both in personal and work contexts

AFT registered members who offer private practice as at March 2012

London

Anthony Graham

Locations of Practice London NW3, London N1,

Contact Details 07807 048634, Tongg2@aol.com, tony.graham@nhs.net

Languages offered English,

Areas of Practice Couples, Self-esteem / Identity, Stress

London

Olga Levitt

Locations of Practice London N20, ,

Contact Details 0208 446 1313, olga@levitt.co.uk,

Languages offered English,

Areas of Practice Couples, Families, Bereavement

London

Evanthia Lychrou

Locations of Practice London W1G 7LQ, ,

Contact Details 07591 916146, info@evanthialychrou.com, www.evanthialychrou.com

Languages offered English, Greek,

Areas of Practice Individual sessions, Couple sessions, Family therapy sessions

London

Maeve Malley

Locations of Practice London EC1, ,

Contact Details 07595 903453, m.mal@virgin.net, www.familytherapylondon.com

Languages offered English,

Areas of Practice Couples/families (Including lesbian/gay/bisexual/transgender issues), Addiction/dependence

London

Patricia McEvoy

Locations of Practice West Hampstead, NW6,

Contact Details 0207 419 9707, patriciamcevoy@mac.com,

Languages offered English, ,

Areas of Practice Family and Individual transitional issues such as family relocation, divorce, Children's school related behavioural and learning problems.

London

Marybeth Mendenhall

Locations of Practice SW15,

Contact Details 07768 020647, mb21run@btinternet.com,

Languages offered English,

Areas of Practice Depression, Couples, Families

A list of some of our AFT registered members who offer private practice as at March 2012
Please see the UKCP register for a full list of family and systemic psychotherapists on
www.psychotherapy.org.uk

London

Rehana Nazli

Locations of Practice Central London, NW1, Edgware, HA8, Golders Green, NW11

Contact Details 07725 028340, 0208 906 0496, rehana.nazli@gmail.com

Languages offered English, Urdu, Punjabi and Hindi

Areas of Practice Individuals, Couples and Families, Addictions and Related Mental Health Issues, Relationships & Communication Issues

London

Christos Papakyriakopoulos

Locations of Practice W1 - Harley Street, W1W - Great Portland Street,

Contact Details 078 76 524 525, Chrispap11@gmail.com, www.chrispapa.co.uk

Languages offered English, Greek,

Areas of Practice Systemic Psychotherapy with Couples, Families, Individuals

London

Nick Pendry

Locations of Practice London, ,

Contact Details 07986 372746, nickpendry@gmail.com,

Languages offered English,

Areas of Practice Couples, Children, Cross-cultural Issues

London

Sue Robinson

Locations of Practice London, W6,

Contact Details 0208 740 1120, suerobinson01@googlemail.com,

Languages offered English,

Areas of Practice Couples, Eating disorders, Trauma

London

Irene Samuel

Locations of Practice SW13, ,

Contact Details 07956 448575, isamuelprelude@hotmail.com,

Languages offered English, ,

Areas of Practice Couples, Families, Eating Disorders

A list of some of our AFT registered members who offer private practice as at March 2012
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www.psychotherapy.org.uk

London

Charlotte Seymour

Locations of Practice E18,

Contact Details 0208 245 0712, cseymour@blueyonder.co.uk,

Languages offered English, Swedish,

Areas of Practice Families, Child & Adolescent Mental Health, Trauma and PTSD

AFT registered members who offer private practice as at March 2012

London

Gloria Simmons

Locations of Practice London, N12,

Contact Details 020 8445 6025, Gloria@connextherapy.com,

Languages offered English,

Areas of Practice Individuals, Couples, Family

London

Patsy Way

Locations of Practice Blackheath, London SE3,

Contact Details 0208 768 4587,

Languages offered English

Areas of Practice Children and families, Bereavement,

London

Bilha Weider

Locations of Practice NW11, ,

Contact Details 0208 455 6668, bilhaweider@yahoo.com,

Languages offered English, Hebrew, Hungarian

Areas of Practice Adult mental health, Couples, Psychological therapies

London

Stephania Whitten Rialti

Locations of Practice London SW6, ,

Contact Details 0785 666 3047,

Languages offered English, Italian,

Areas of Practice Couples and anger mismanagement, Children, Alcoholism and depression

Lothian

Nick Child

Locations of Practice Edinburgh, EH3,

Contact Details 0131 556 1527, admin@cclothian.org.uk, www.familytherapycccl.weebly.com

Languages offered English,

Areas of Practice Families of all ages, Couples,

Merseyside

Pete Harmsworth

Locations of Practice Liverpool,

Contact Details 07743 764193,

Languages offered English,

Areas of Practice Adult and child related difficulties,

AFT registered members who offer private practice as at March 2012

Merseyside

Ged Smith

Locations of Practice Liverpool L18, St Helens WA10,

Contact Details 07973 560 188, Ged59@hotmail.com,

Languages offered English,

Areas of Practice Families, Couples, Individuals

Middlesex

Michael Day

Locations of Practice Hampton, TW12, Laleham, Staines, TW18,

Contact Details 01784 558405, mdconnex@yahoo.co.uk, <http://www.md-connex.com>

Languages offered English,

Areas of Practice Individuals, couples and families, Relationship Issues, Life cycle issues

Middlesex

Marilyn Hartland

Locations of Practice Windsor, Spelthorne & Runnymede, Surrey, London Borough of Richmond

Contact Details 0208 979 4041, 07973 728497, marilynhartland@hotmail.com

Languages offered English,

Areas of Practice Families/Individuals/Couples, Child Mental Health, Attachment Work

Middlesex

Victoria Sharman

Locations of Practice Harrow, HA3,

Contact Details 07936881150, Vns29@aol.com,

Languages offered English,

Areas of Practice Relationships, Health & Wellbeing, Relaxation, Individuals, couples & families

Norfolk

Joanna Seymour

Locations of Practice Norwich, NR2,

Contact Details 01603 622799, ,

Languages offered English,

Areas of Practice Eating Disorders, Relationships, Individuals

Somerset

Janet White

Locations of Practice Bristol, North Somerset,

Contact Details 01934 832804, janmwhite@hotmail.com,

Languages offered English, ,

Areas of Practice Relationship Counselling, Child and adolescent emotional wellbeing, Fostered and adopted

AFT registered members who offer private practice as at March 2012

Somerset

Jeremy Young

Locations of Practice BA2, between Bath and Frome,

Contact Details 01373 831349, jeremy_young@mac.com,

Languages offered English,

Areas of Practice Individuals, Couples, Families

South Glamorgan

Olwen Jeffs

Locations of Practice Cardiff, ,

Contact Details 02920 553906, 07879 693967,

Languages offered English, Welsh,

Areas of Practice Individuals, Couples, Families

South Glamorgan

Tessa Jones

Locations of Practice Cardiff CF24, Cardiff CF14, Caerphilly

Contact Details 0292 088 8240 / 07777 659744, info@tessajones.co.uk, www.tessajones.co.uk

Languages offered English,

Areas of Practice Families. Couples. Individuals

Staffordshire

Helen Stead

Locations of Practice Leek, Stoke on Trent,

Contact Details 01538 306721, ,

Languages offered English,

Areas of Practice

Suffolk

David Low

Locations of Practice Ipswich, ,

Contact Details 01473 220375, david.low1964@gmail.com,

Languages offered English, ,

Areas of Practice Families, Couples, Brief Therapy for Individuals

Surrey

Mark Chidgey

Locations of Practice South West London, Surrey, KT19

Contact Details 07956 090167, 0208 391 2910, ScrawfordL@aol.com

Languages offered English,

Areas of Practice Children and Young People, Individuals and Couples, Families

AFT registered members who offer private practice as at March 2012

Surrey

Penelope Dinning

Locations of Practice Camberley, Ashford, Weybridge

Contact Details 01276 29273, 07967 149353,

Languages offered English,

Areas of Practice Families, Adolescents, Looked after Children and their carers

Surrey

Cath Jones

Locations of Practice Croydon, CRO,

Contact Details 07999516926, cathjones67@btinternet.com,

Languages offered English, ,

Areas of Practice Relationship difficulties, Children and Adult mental health, Trauma

Surrey

Sheila Lauchlan

Locations of Practice Surrey, Cobham,

Contact Details 01932 866171, info@sheilalauchlanpsychotherapy.co.uk, www.sheilalauchlanpsychotherapy.co.uk

Languages offered English,

Areas of Practice All relationship issues, Eating disorders, Sexual abuse in childhood

Surrey

Cynthia Maynerd

Locations of Practice Reigate, ,

Contact Details 01737 242051, cynthiamaynerd@gmail.com,

Languages offered English, ,

Areas of Practice Couples, Families, Individuals

Surrey

Dorothy Porter

Locations of Practice Croydon, Surrey, CR5

Contact Details 07806223790, Dorothy.porter@talktalk.net,
www.psychotherapistsinsouthlondon.co.uk/members/dorothyporter.html

Languages offered English, ,

Areas of Practice Individual, Couple, Family

Surrey

Angela Sheppard-Fidler

Locations of Practice Epsom, ,

Contact Details 01372 727200, ,

Languages offered English, French,

Areas of Practice Personal & Family Relationships, Couples, Abuse

Surrey/Hampshire Border

Azina Hart

Locations of Practice Farnham, Guildford, Woking

Contact Details 01252 710427, 07973 695884, azina@azina.co.uk

Languages offered English, ,

Areas of Practice Individuals, Couples and Families, Mediation

Swansea

John Brett

Locations of Practice Swansea, ,

Contact Details 01792 520338, 07971078756, john.brett54@googlemail.com

Languages offered English, ,

Areas of Practice Individuals, Couples, Families

Vale of Glamorgan

Fiona Jones

Locations of Practice CF64, CF11,

Contact Details 07800 946220, therapy@fionajones.org, <http://fionajones.org>

Languages offered English, ,

Areas of Practice Family therapy, Sexual, physical and emotional abuse, Couple relationships

West Midlands

Gill Goodwillie

Locations of Practice Shrewsbury, Telford, Wolverhampton

Contact Details 01743 249194, gill.goodwillie@btinternet.com,

Languages offered English, ,

Areas of Practice Children and Adolescents, Couple and Family,

West Sussex

Margaret Henning

Locations of Practice Crawley RH10, RH11,

Contact Details 07941 365433, Margaret@SystemicNarrativeTherapy.com, www.SystemicNarrativeTherapy.com

Languages offered English,

Areas of Practice Couples, Complex mental health issues - all age groups, Anxiety / depression

West Sussex

Lynsey Waterhouse

Locations of Practice West Sussex, Hampshire,

Contact Details 07759786715, lynsey@changeworkssussex.co.uk,

Languages offered English,

Areas of Practice Families, couples and individuals, Children and families, Child illness, disability and bereavement

AFT registered members who offer private practice as at March 2012

Wales

Tracy Brain

Locations of Practice South Wales, Gwent

Contact Details 07809631031, t_sbrain@yahoo.co.uk

Languages offered English, ,

Areas of Practice Family, individuals and couples

Wiltshire

Robert Bor

Locations of Practice London, Cheltenham, Cirencester

Contact Details 07768 890388, robertbor@hotmail.com, www.dccclinical.com

Languages offered English, ,

Areas of Practice Couples, Families, Children

Wiltshire

Gillian Norman

Locations of Practice BA14, Wiltshire, Somerset

Contact Details www.avontherapy.co.uk, 07989392252, Gillian@avontherapy.co.uk

Languages offered English,

Areas of Practice individuals, Couples, Families

Wiltshire

Gill Scrace

Locations of Practice Salisbury, SP2,

Contact Details 07580 684280, 01722 333564, gillscrace@btopenworld.com

Languages offered English, ,

Areas of Practice Individuals, Couples, Families

Wiltshire

Sally Worthing-Davies

Locations of Practice Swindon SN1 1HE, Boughrood, Nr Brecon, Powys,

Contact Details 01793 642702, sally@familytherapy.uk.com, www.familytherapy.uk.com

Languages offered English,

Areas of Practice Family/Couples Therapy, EMDR Psychotherapy - trauma, Work with children, adolescents, adults

West Yorkshire

Stuart Taylor

Locations of Practice Bradford, Leeds, Halifax, Skipton

Contact Details 01535 647324, 07590 909458, stuart.ta@hotmail.co.uk

Languages offered English,

Areas of Practice Adolescent Issues, Dependency Problems, Stepfamily Factors

AFT registered members who offer private practice as at March 2012

Yorkshire

John Lindley

Locations of Practice Scarborough, YO12,

Contact Details 01723 353656, Tinkerbelle202@btinternet.com, <http://www.syspatt.co.uk>

Languages offered English,

Areas of Practice Couples and Families, Trauma and Emotion Focussed Therapy, Interpersonal Therapies

Yorkshire

Hugh Palmer

Locations of Practice Pocklington, York, Hull

Contact Details 01759 307833, <http://hughpalmer.co.uk>, hugh@hughpalmer.co.uk

Languages offered English,

Areas of Practice Individual, Couples, Families

Yorkshire

Sue Petty

Locations of Practice Beverley, HU17,

Contact Details 01482 864461, 07787 060573, sphpetty@hotmail.co.uk

Languages offered English,

Areas of Practice Families