



Information sheet About AFT

AFT tel 01925 444414

www.aft.org.uk

AFT is a thriving multi-disciplinary alliance of professionals working therapeutically with children, adults and those important in their lives, in health, social care, education and Third sector services. It is the UK's leading organisation for professionals working with families, and a hub of excellence and expertise in family therapy and systemic practice.

AFT and its members consult to teams, services and organisations, policy advisors, professional bodies and training institutions throughout the UK, Europe and beyond.

Our members include fully qualified Family and Systemic Psychotherapists (aka Family Therapists) leading key family service development and workforce training initiatives in the UK. We also have a thriving membership of frontline professionals at all service levels who wish to develop their skills and understandings of effective family-inclusive practice.

AFT develops and accredits UK professional trainings in working with families, from foundation level core skills to full clinical and supervisory qualifications. We support research developments and also provide regional and national conferences, seminars, workshops and other forums for professionals to share experiences and expertise in working with families and other caring networks.

**To join us or to find out more, visit our website at
www.aft.org.uk or call 01925 444414.**

AFT, The Association for Family Therapy and Systemic Practice in the UK
7 Executive Suite,
St James Court,
Wilderspool Causeway,
Warrington
Cheshire
WA4 6PS.

Head Office Tel 01925 444414
Communications Officer Jan Parker, tel
07931 726247 email janparker@aft.org.uk

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