Practice CPD guidance notes for Re-accreditation as a Supervisor

Approved Supervisor List

Re-accreditation will take place within a 5 year period. A small administration fee may be charged. Supervisors approved by AFT will be recommended to the UKCP Directory of Approved Supervisors, details of whom can be found on the UKCP website.

For those that are UKCP Registered via AFT for their Clinical Practice, AFT will ensure that the cycle for re-accreditation ties in with UKCP registration CPD process so that this does not increase burden or expense for psychotherapists.

CPD requirements

a. Specific supervision of supervision at least 4 times a year for a minimum of an hour. This can be part of the minimum required supervision hours (i.e. 12 hours per year) for registration as a psychotherapist, but must be dedicated to supervision. This can be done as a peer group activity but may require external consultation as per AFT’s CPD policy.

b. Attendance at CPD events specifically focused on supervision twice during the 5 year period. This can be part of the requirement for registration as a psychotherapist.

c. Completion of a form which lists CPD activities and a short statement of 250-500 words on supervisory development during the past 5 years, so since last review.

d. For those who are supervising UKCP registered Family and Systemic Psychotherapists please refer to section 5.c of the CPD policy regarding registration requirements.

e. If supervisors carry out on-line supervision, it is highly recommended they have the training and experience to adapt their supervisory practice to this medium and adhere to all AFT and UKCP guidelines.

The Registration Committee will review the submissions and if requirements are not met then a plan of action will be made in collaboration with the committee. Failure to do this could lead to removal from the Approved Supervisor List.

Successful complaints against a therapist will automatically lead to a review of supervision status by the Registration Committee. Supervisors will have to abide by the code of ethical practice for supervisors.

Chair of Registration Committee

The Registration Committee aims to provide a facilitative approach to the CPD process. However, where registrants wish to contest the outcome of their CPD review they can write to the Chair of the Registration Committee and the Chair of AFT for any concern to be addressed.

The Chair of the Professional Affairs Committee (PAC) welcomes general feedback and suggestions on Information Sheets and can be contacted via: Sue Kennedy, AFT Executive Officer, 7 Executive Suite, St James Business Centre, Wilderspool Causeway, Warrington WA4 6PS. Tel: 01925 444414. Email: mail@aft.org.uk

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